for and since when ...? and how long ...?

We use **for** and **since** to say how long something has been happening.



- Sally has been working here for six **months**. (not since six months)
- ☐ I haven't seen Tom **for three days**.

We use **since** + the start of a period:

We've been waiting since 8 o'clock.



since		
8 o'clock	April	lunchtime
Monday	2001	we arrived
12 May	Christmas	l got up

- Sally has been working here since **April**. (= from April until now)
- I haven't seen Tom since Monday.

We often leave out **for** (but not usually in negative sentences): В

- They've been married for ten years. or They've been married ten years.
- They haven't had a holiday for ten years. (you need for)

You can use **in** instead of **for** in negative sentences (**I haven't** ... etc.):

They haven't had a holiday in ten years. (= for ten years)

We do *not* use **for** + **all** ... (**all day** / **all my life** etc.):

i've lived here **all my life**. (not for all my life)

Compare **when** ...? (+ past simple) and **how long** ...? (+ present perfect): C



- A: When did it start raining?
- B: It started raining an hour ago / at 1 o'clock.
- A: **How long** has it been raining?
- B: It's been raining for an hour / since 1 o'clock.



- A: When did Joe and Kate first meet?

B: They first met a long time ago. when they were at school.

A: **How long** have they known each other?

B: They've known each other for a long time. since they were at school.

D We say:

it's (= it **is**) a long time or it's been (= it has been) six months (etc.)

since something happened

- ☐ It's two years since | last saw Joe. or It's been two years since ...
 - (= I haven't seen Joe for two years)
- It's ages since we went to the cinema. or It's been ages since ...

(= We **haven't been** to the cinema for ages)

How long is it since Mrs Hill died? or How long has it been since ... (= when did she die?)

Exercises

Write for or since. 1 It's been raining since lunchtime. 2 Paul has lived in Brazilten years.an hour. 3 I'm tired of waiting. We've been sitting here 4 Kevin has been looking for a jobhe left school. 5 I haven't been to a partyages. 6 I wonder where Joe is. I haven't seen him last week. 7 Jane is away on holiday. She's been awayFriday. 8 The weather is dry. It hasn't raineda few weeks. 12.2 Look at each answer and choose the right question. 1 How long have they been married? Ten years ago. When did they get married? (When did they get married? is correct) How long have you had this car? About five years. When did you buy this car? 3 How long have you been waiting? Only a few minutes. When did you get here? How long have you been doing your course? September. When did your course start? How long has Anna been in London? Last week. When did Anna arrive in London? How long have you known each other? 6 A long time. When did you first meet each other? Read the situations and complete the sentences. 1 It's raining. It's been raining since lunchtime. It started raining at lunchtime. 2 Ann and Jess are friends. They first met years ago. They've known each other for years. 3 Mark is unwell. He became ill on Sunday. He hasSunday. 5 You have a headache. It started when you woke up. ľve...I woke up. 6 Sue is in a meeting at work. It's been going on since 9 o'clock.at 9 o'clock. 7 You're working in a hotel. You started working there six months ago. 8 Kate is learning Japanese. She's been doing this for a long time. Kate started ... Complete B's sentences. No. 1 haven't had a holiday for five years. Do you often go on holiday? 1 2 Have you seen Lisa recently? about a month. No. Ia long time. 3 Do you still go swimming regularly? Do you still ride a bike these days? No, Iages. Now write B's answers again. This time use It's ... since 5 (1) No. it's five years since I last had a holiday. 6 (2) No, it's 7 (3) No, 8 (4)